



weightlifting steel lbs kgs competition bumper plate

The color competiton bumper plate are molded from top quality, high durometer Rubber-ideal for producing a consistent dead bounce on the drop and maintaining the long-term integrity of the plate. The design of the single-piece, 150MM hard chrome insert also allows for easy loading on the bar with reduced friction on the sleeves. performance and durability is good **Model:GOD3003**

Blade edge design, full of power sense, while convenient loading and unloading and handling at the same time select the depth of the groove, enhance the strength and muscle sense of the barbell sheet, but also achieve the ability to grasp the edge of the barbell sheet and finger strength training effectiveness. In strict accordance with the international competition standards, the selection of high quality rubber, 450mm diameter, quality tolerance of 10g, and good quality steel plate, to ensure that customers can receive high quality barbell pieces.